



CATERING MENU

100% PLANT-BASED

SIGNATURE KALE

Decadent 100% organic kale salad with decadent garlicky dressing.

Serves 20

\$80

CHICKPEA SALAD

Protein-packed salad with olive oil, lemon and flavorful profiles.

Serves 20

\$70

FENNEL & APPLE SALAD

Refreshing crisp fennel, green apples, in a lemon and olive oil dressing. Topped with walnuts.

Serves 20

\$60

FRUIT TOWER

Overflowing 3-tier fruit tower with strawberries, blackberries, blueberries, and grapes

Serves 20

\$70

I Kale Life

www.ikalelife.com





SAVORY MAINS

ROASTED SWEET POTATOES

*Nutritious packed sweet
potatoes with cinnamon,
clove and olive oil*

Serves 20

\$80

TOFU BITES

*Crispy square tofu bites
made with a signature
seasoning blend, that keeps
you wanting more*

Serves 20

\$120

HUMMUS & VEGGIES

*Smooth chickpea hummus
with garlic. Served with
bell peppers, carrots, and
celery.*

Serves 20

\$60

**Add our signature sauce as
an additional dip for \$20*

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DRINKS & DESSERTS

HIBISCUS TEA

*Dried sorrel flowers steamed with notes of
cinnamon, clove, and citrus.
Sweetened with organic agave.*

1 gallon - Serves 20

\$60

MINI NUTTY PUMPKIN CUPS

*Dairy-free dessert with
pumpkin, cashews,
coconut, spices &
organic agave*

Serves 12

\$64

CHOCOLATE PUDDING CUPS

*Dairy-free dessert with
raw cocoa, avocado,
coconut milk, cinnamon
& organic agave*

Serves 12

\$64

7.5% meals tax added on all menu items

*Additional services available such as delivery, set-up,
and breakdown for buffet style serving*

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